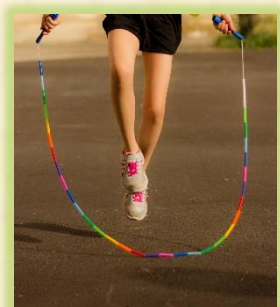




International Rope Skipping Workshop

14-18th June 2022



Invitation:

Dear Gymnastics' friends, **CSIT e FISAC** are pleased to invite you at CSIT INTERNATIONAL ROPE SKIPPING WORKSHOP. Workshop is for everyone ,athletes e rope skipping coaches, from 8 years old and and it will prepare for the next championship.

Program:

- 14 June: arrivals and workshop in the afternoon.
- 15 June: speed training e freestyle introduction.
- 16 June: group choreography.
- 17 June: rope skipping videos and social media tips. Fun on the beach in the afternoon and farewell party in the evening.

Place: Villaggio Accademia, Oasi 3 – Viale Cristoforo Colombo 18, Cesenatico

Workshop program:

www.csitgymnasticschampionships.com “rope skipping” section.

Logistics: information on this website

<https://www.csitgymnasticschampionships.com/invitation-download/>

Participant:

Athletes from 8 years old and coaches.

Organizing Committe:

mail segreteria@fisacgym.it



Registration:

Send you pre-registration to this mail: segreteria@fisacgym.it the definitive registration must take place by **25th April 2022**.

Entry fee:

Registration is already included in the packages. You will find package workshop + course, workshop only or alternatively only coaching course.

Payment:

By **30th April 2022** to the following bank details:

Banca di Credito Cooperativo di Sala di Cesenatico
Sede centrale di Sala
Beneficiary: Accademia Acrobatica s.r.l.
Address: Viale C. Colombo 35 47042 Cesenatico Italia
IBAN IT05K0879224000000010107252 SWIFT: ICRAITRRM00