



International Workers & Amateurs in Sports
Confederation

Confédération Sportive Internationale
Travailleuse & Amateur

Technical Commission Choreographic Group Gymnastic

English Version

Chairman: Mr. Paolo Ciavolella (FISAC ITA)
Secretary: Experts TC Gymnastic Pro Tempore



Choreographic Group Gymnastic CSIT World Championship 2022 Rules and Regulations

AIMS: Choreographic Group Gymnastics is the expression of the CSIT objectives to promote and to spread an educational, cultural, integration and expression comparison through socialization and body expression. The combination of musical interpretation, the spectacularity and creativity of the group and its members on the chosen theme will give to the exercise a global vision of the whole.

Competition Formula	Categories	Age	Apparatus
ONLY GROUP (MINIMUM 6 MEMBER)	BABY	AGE 4-7	FLOOR 14 x 20
	YOUTH	AGE 8-12	
	JUNIOR	AGE 13-17	
	SENIOR	AGE 18 and more	
	MIX NO AGE	From 8 to 200	

GENERAL COMPETITION FORMULA:

BABY AGE CATEGORY : ONLY FESTIVAL, NO COMPETITION

EXERCISE TIME:

FROM 2'30 TO 5 MINUTES

ELEGIBILITY CRITERIA:

Professional athletes, dancers and actors have no right to participate!

THEMES TILL 2024:

- Folklore traditions
- History
- Fairy tales
- Movies
- Science fiction



RULES for Rating:

100 points max for each topic:

- **rhythm**
- **music relevance**
- **body work**
- **synchrony**
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RANKINGS and SPECIAL PRIZES :

Each **THEME** will have its own ranking.

Special prizes for:

- Larger Group
- Younger Group
- Less younger Group
- Group coming from further away